



RADICAL FITNESS –HONG KONG

RADICAL: From Latin radicalis, marked by a considerable departure from the usual or traditional; tending or disposed to make extreme changes in existing views, habits, conditions, or institutions.

RADICAL FITNESS UBOUND® TRAINER CERTIFICATION

RADICAL FITNESS (<http://www.radicalfitness.net>) is an Argentina-based international company with a track record of over 20 years as a specialist in the business of developing group Fitness training programs with the profile discussed earlier, with offices in New Zealand, Australia and Argentina.

RADICAL FITNESS is always at the forefront, focusing on offering the latest developments in terms of new trends, training and physical results.

RADICAL FITNESS founders and directors, Gabriela Leivas and Nathaniel Leivas, are two renowned professionals in the international Fitness industry not only because of their professional achievements as athletes, but also due to their background as world-class executives in prominent companies in the sector. Both have over 20 years experience in developing sports training programs for instructors and fitness clubs, and have successfully worked in over 60 countries around the world

UBOUND®, a discipline consisting of jumping on a small rebounder, which provides extremely intense training with ZERO impact, meaning no damage to the participant's joints, with the ability to expend approx 900 calories per session.

UBOUND® benefits the lymphatic system, for toxin release. It is a very simple, effective and extremely enjoyable style of fitness training. The feeling achieved through exertion of the leg muscles 'rebounding' on amino trampoline is unlike any other, which feels exhilarating.

UBOUND® offers what many scientists have described as "one of the most effective exercise training regimes ever created by humans!"

Certificate of quality : Graduates who have fulfilled the following criteria will be issued the **UBOUND® Official Trainer certificate** by RRADICAL FITNESS

- Attend 75% of the total course time
- Attain a pass mark of 70% on the theoretical and practical examination.
- After passing the exam, student will need to take a video to RF headquarters

Course Fees : HKD 3,000 / US 385



Unit C, 2/F, Right Time Bldg, 21-27 Playing Field Rd, MongKok, Kowloon.

TEL: 2345 6286

FAX: 2345 1236

WEBSITE: www.ipffa.com

E-MAIL: info@ipffa.com





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Update: Fiesta – On Going Education

Instructor will attend a quarterly refresher course where they will learn about new exercise routines as well as the latest innovations in the fitness industry worldwide, not only in the specific area of each training program, but also in connection with general topic such as teaching methods and customer service

Packs

Radical Fitness develops its Packages (using App) for each and every one of its fitness programs on a quarterly basis. Each package uploaded to your radical dropbox containing soundtracks that have been especially selected and edited using each program's intelligent music format, and upload with a full video of the new class, which the instructor may teach or adapt for use at his/her fitness centre.

RADICAL GROUP



BE PART OF THE BEST GROUP OF GYMS IN THE WORLD!

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Here are the internationally renowned brands:



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Enrollment Criteria	Age 18 or above
Lecturer Profile	Radical Fitness Master Trainer
Language	English, Cantonese and Mandarin
Course Duration	Total: 12 hours (2days)
Class Population	Maximum of 20 (First come first served basis)
Course Fees	HK\$ 3,000
Fees for Re-exam	Theoretical & Practical re-exam HK\$ 500 (adds a Re-exam lesson) Below 60 minute must restudy the course
Deadline	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
Venue	International Personal Trainers & Fitness Academy (IPTFA)
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to [INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY] to RADICAL FITNESS HK, Unit C, 2/F, Right Time Building, 21-27Playing Field Road, Mong Kok, Kowloon, HK
Registration & Enquiry	Tel: 2345 6286 Fax: 2345 1236 E-mail: info@iptfa.com Website: www.iptfa.com
Notice	(1) When The Hong Kong Observatory announces a YELLOW or RED rainstorm warning, or typhoon signal No.1 or 3 is hoisted, the classes will continue as usual. (2) When The Hong Kong Observatory announces a BLACK rainstorm warning, or typhoon signal No.8 is hoisted, the classes on the same day will be cancelled. Our academy will announce another date, time and venue for the makeup class.
Continuing Education Units	Nil
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA



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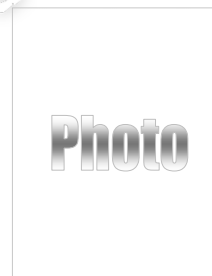


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(ENROLLMENT FORM)

Course Code	Course Name : UBOUND® TRAINER CERTIFICATION
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Personal Information

Name:					
Date of Birth:	mm/dd/yy	Identify ID./ PassportNo.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:	Day-time	Night-time			
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source web-site Friend recommend Post Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Payment : Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy ", T/T account no. **(SCB : 33782-05697-8; BOC : 012-698-0-000764-4)**

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____
 Cash Cheque _____ Bank _____
 Issued by: _____ Refer to: : _____



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