



International Personal Trainers & Fitness Academy (IPTFA)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan
Since 1959 From Singapore

(IPTFA Acti-Tape) Taping Application of Sport Injury & Rehab (Level 1) Certificate Course

DESCRIPTION: The Acti-Tape® Method is a non-invasive, non-pharmaceutical way to address pain, reduce swelling, and enhances muscular, joint and circulatory function. It is a cloth-based tape with a heat activated adhesive. It can be used on virtually anyone (babies to adult populations) for a variety of problems associated with any level of injury (acute, rehabilitative or chronic) or preventative care (to help prevent possible injuries). Lower back pain, knee pain, shin splints, carpal tunnel syndrome, and tennis elbow are just a few injuries that benefit from use of Acti-Tape®



Course Content :

Introduce Acti-Tape® concepts, theory and history, and discuss the four major physiological effects; skin, muscle, circulatory/lymphatic, and joint. During lab sessions, attendees will have ample time to practice Assessment Tests approved for the enhancement of their Acti-Tape® skills and muscle applications for both the upper and lower body. Upon completion of this course, attendees will be able to discuss and apply the Acti-Tape® Method to relax overuse syndromes, stimulate weak muscles, and decrease pain and swelling.

Certificate of quality : Graduates who have fulfilled the following criteria will be issued the **Taping Application of Sport Injury & Rehab (Level One) Certificate** by International Personal Trainers & Fitness Academy (IPTFA)

- Attend 75% of the total course time
- Attain a pass mark of 70% on the theoretical and practical examination.

Course Fees : HKD 1,500 / US 193

Exclusive Official Product support by:

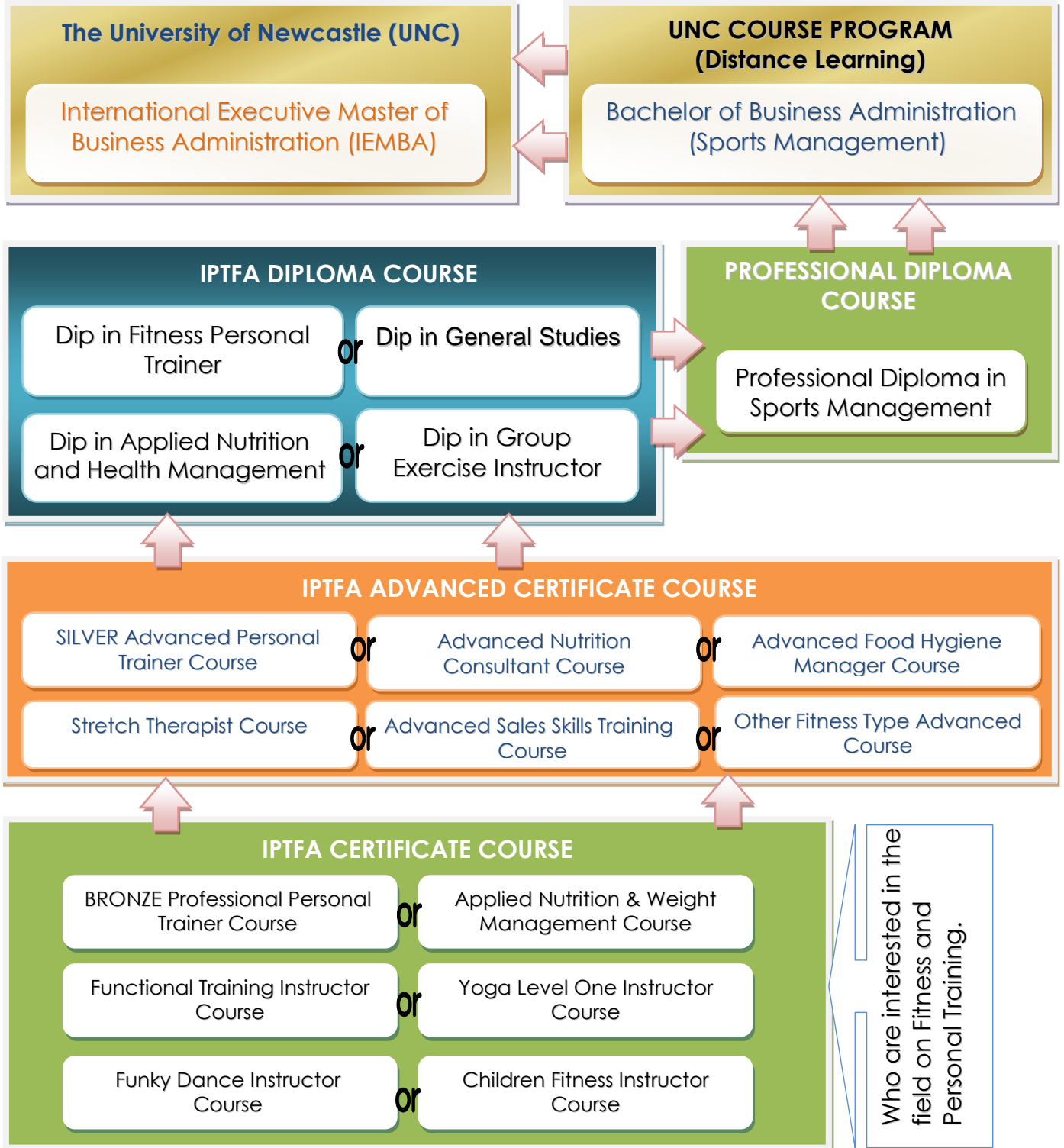




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Study Pathway for Fitness



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Enrollment Criteria	Age 17 or above
Lecturer Profile	IPTFA Lecturer, Registered Physiotherapist, Experienced Personal Trainer
Language	English, Cantonese and Mandarin
Course Duration	Total: 7 hours
Class Population	Maximum of 20 (First come first served basis)
Course Fees	HK\$ 1,500 / US 193 (include Acti-tape 1 roll) 3 weeks early bird \$ 100 discount
Fees for Re-exam	Theoretical & Practical re-exam HK\$ 300 (adds a Re-exam lesson) Below 60 minute must restudy the course
Deadline	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
Venue	International Personal Trainers & Fitness Academy (IPTFA)
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to [INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY] to INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY, Unit C, 2/F, Right Time Building, 21-27Playing Field Road, Mong Kok, Kowloon, HK
Registration & Enquiry	Tel: 2345 6286 Fax: 2345 1236 E-mail: info@iptfa.com Website: www.iptfa.com
Notice	(1) When The Hong Kong Observatory announces a YELLOW or RED rainstorm warning, or typhoon signal No.1 or 3 is hoisted, the classes will continue as usual. (2) When The Hong Kong Observatory announces a BLACK rainstorm warning, or typhoon signal No.8 is hoisted, the classes on the same day will be cancelled. Our academy will announce another date, time and venue for the makeup class.
Continuing Education Units	3 Continuing Education Units
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

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(ENROLLMENT FORM)

Course Code	Course Name : Taping Application of Sport Injury & Rehab (Level 1) Certificate Course
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Personal Information

Name:					
Date of Birth:	mm/dd/yy	Identify ID./ PassportNo.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:	Day-time	Night-time			
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source web-site Friend recommend Post Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Payment : Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy ", T/T account no. **(SCB : 33782-05697-8; BOC : 012-698-0-000764-4)**

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____

Cash Cheque _____ Bank _____

Issued by: _____ Refer to: : _____

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