



International Personal Trainers & Fitness Academy (IPTFA)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan
Since 1959 From Singapore

MMA Trainer level 1 Instructor Certification

Course Content : MMA is now the most popular combat sport on the planet, this course will deliver the most structured system for MMA training available anywhere. The theory and techniques in this course have been developed over the past decade with help from some of the greats in MMA including Georges St. Pierre, Anderson Silva, Alistair Overeem and more. The course developer Brock McRobb is a veteran of over 24+ fights including professional MMA and Muay Thai kickboxing fights. This course has high standards in technique to ensure the best quality training delivery to the students future clients.



This course includes a 10 module system which will teach correct training methods safely including warm up and cool down protocol. The students will also develop a deeper understanding of concepts in MMA training they would not otherwise understand with other courses. This course is mixed delivery online study and intensive 8 hours face to face at the end of the course.

Certificate of quality :

Graduates who have fulfilled the following criteria will be issued the **MMA Trainer Level 1 Instructor Certificate** by International Personal Trainers & Fitness Academy (IPTFA)

- Watch 100% of the online course videos
- Film and submit ALL required techniques before practical examination
- Attain a pass mark of 70% or above on the practical examination.

Course Fee: HKD 3,992 / US 499

Venue: ARES Sports and Management Education Centre
Unit C, 2/F, Right Time Building, 21-27 Playing Field Road, Mong Kok, Kowloon, HK

Approved Providers and CEC,s awarded:
Fitness Australia -10 CECs



Recognized & Supported Organizations:

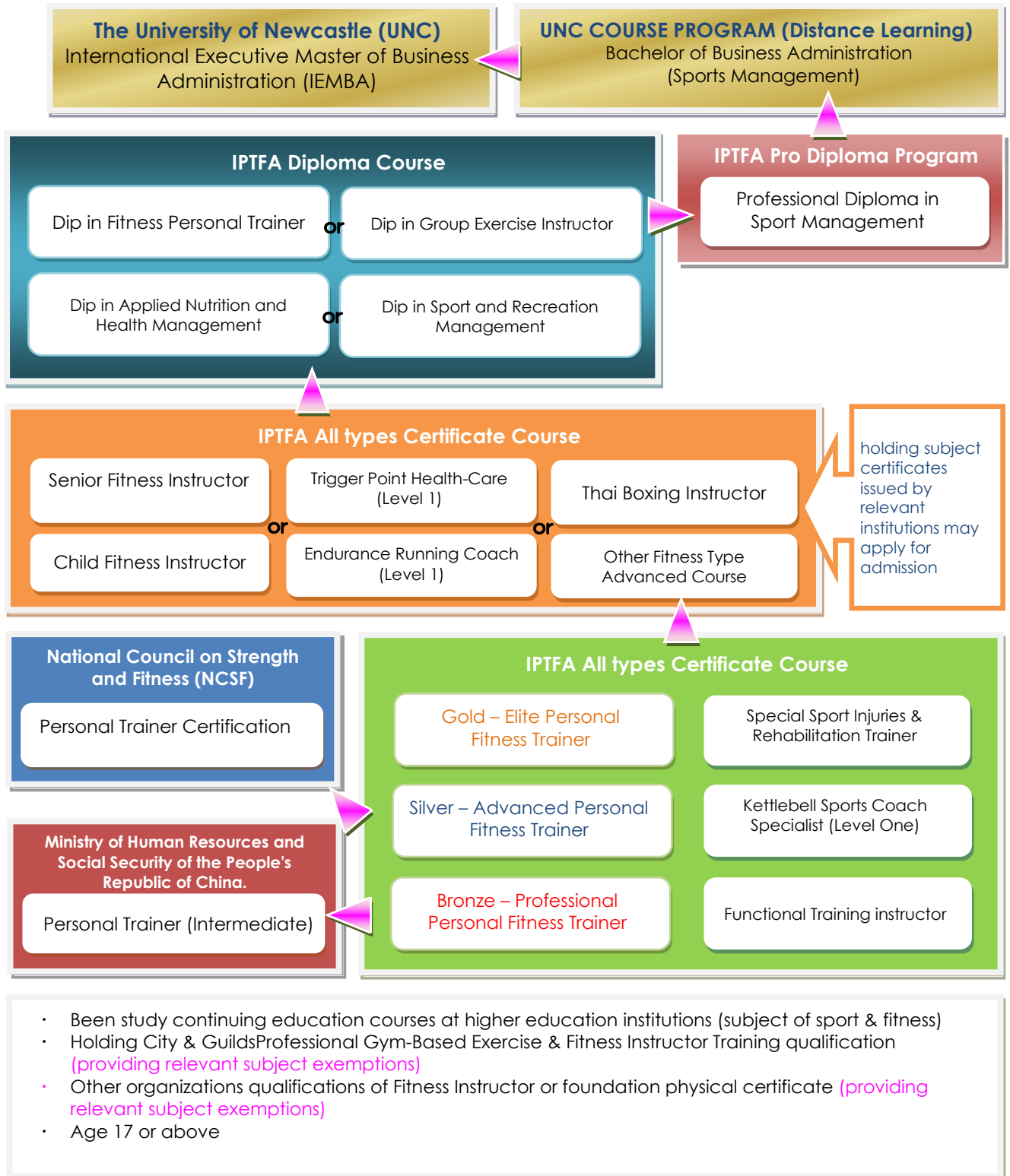




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Study Pathway for Fitness



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MMA Trainer level 1 Instructor Certification

Enrollment Criteria	Passed IPTFA -Fitness Kickboxing instructor or has other organizations qualifications of Foundation Fitness certificate (Needs to pass this institute to scrutinize the qualifications only then to be possible to report reads)
Language	English, Cantonese and Mandarin
Course Duration	Total: 38 hours (include online program)
Class Population	Maximum of 20 (First come first served basis)
Course Fees	HKD 3,992 / US 499 3 weeks early bird \$ 200 discount
Fees for Re-exam	Theoretical & Practical re-exam HK\$ 500 (adds a Re-exam lesson) Below 60 minute must restudy the course
Deadline	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
Venue	International Personal Trainers & Fitness Academy (IPTFA)
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to [INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY] to INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY, Unit C, 2/F, Right Time Building, 21-27Playing Field Road, Mong Kok, Kowloon, HK
Registration & Enquiry	Tel: 2345 6286 Fax: 2345 1236 E-mail: info@iptfa.com Website: www.iptfa.com
Notice	(1) When The Hong Kong Observatory announces a YELLOW or RED rainstorm warning, or typhoon signal No.1 or 3 is hoisted, the classes will continue as usual. (2) When The Hong Kong Observatory announces a BLACK rainstorm warning, or typhoon signal No.8 is hoisted, the classes on the same day will be cancelled. Our academy will announce another date, time and venue for the makeup class.
Continuing Education Units	IPTFA – 06 CEUs Fitness Australia – 10 CECs
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

Recognized & Supported Organizations:



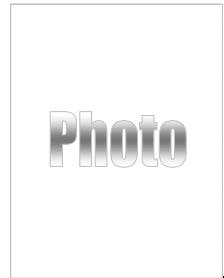


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(ENROLLMENT FORM)

Course Code	Course Name : MMA Trainer level 1 Instructor Certification
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Personal Information

Name:			
Date of Birth:	mm/dd/yy	Identify ID./ Passport no.	
Sex :		Age :	Occupation :
Address :			
Tel No.:			
Mobil :		E-mail :	
Related work experiences and current certificates:			

Information Source web-site Friend recommend FB Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Payment : Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy ", T/T account no. (SCB : 33782-05697-8; BOC : 012-698-0-000764-4)

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____
 Cash Cheque _____ Bank _____
 Issued by: _____ Refer to: _____

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