(Online Program)
STM Kickboxing Fitness Instructor Certification

Course Content : **Stan The Man** Kick-Boxing Level One courses delivers the skill sets and knowledge to be able to properly practice and ensure the analysis of each kicking-boxing technique and movement. Students will learn the boxing action correctly through the Kick-Boxing training. The course

offers the understanding to achieve self-cultivation and training of muscles. While helping to improve teaching ideas in the curriculum the course also helps students to obtain an increased understanding of the many benefits kick-boxing offers. This type of training also strengthens the defense and strategy for beginners. Students can learn to guide their private clients safely and effectively through their targeted training. The course gives an In-sight into the benefits of developing a strong mindset through kick-boxing training as the added benefits include focus, endurance, stamina and agility which helps to build fitness as well as mental well being.

"IF YOU FAIL TO PREPARE, PREPARE TO FAIL"

Certificate of quality :

Graduates who have fulfilled the following criteria will be issued the **Stan The Man Kickboxing Level One Certificate** by International Personal Trainers & Fitness Academy (IPTFA) endorse by STAN THE MAN GROUP
- Watch 100% of the online course videos
- Film and submit ALL required techniques before practical examination
- Attain a pass mark of 70% or above on the practical examination.

Course Fee: US 300

Recognized & Supported Organizations:

國際康體專才培訓學院
International Personal Trainers & Fitness Academy

STAN THE MAN GROUP AUSTRALIA

(Online Program)
STM Kickboxing Fitness Instructor Certification

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Enrollment Criteria	Age 18 or above
Language	English
Course Duration	Total: 12 hours (include online program)
Course Fees	US300
Fees for Re-exam	Theoretical re-exam HK$ 300 / US 37.5 Below 60% must restudy the course
Deadline	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
Venue	Online (Zoom meeting)
Application	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to **[INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY]** to INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY, Unit C, 2/F, Right Time Building, 21-27Playing Field Road, Mong Kok, Kowloon, HK
Registration & Enquiry	Tel: 2345 6286 Fax: 2345 1236 E-mail: info@iptfa.com Website: www.iptfa.com
Continuing Education Units	06 CEUs
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA

Recognized & Supported Organizations:

國際康體專才培訓學院
**International Personal Trainers&
Fitness Academy**

**STAN THE MAN GROUP
AUSTRALIA**

STAN THE MAN
GROUP

(ENROLLMENT FORM)

Course Code	Course Name : (Online Program) STM Kickboxing Fitness Instructor Certification	Photo
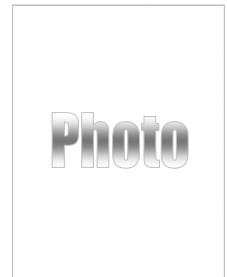
Personal Information

Name:	
Date of Birth: mm/dd/yy	Identify ID./ Passport no.
Sex :	Age :	Occupation :
Address :	
Tel No.:	
Mobil :	E-mail :
Related work experiences and current certificates:	

Information Source ☐ web-site ☐ Friend recommend ☐ FB ☐ Others E.G.:_____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy.   For any change of your personal data, please contact IPTFA.

Payment：Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy ", T/T account no. **(SCB : 33782-05697-8; BOC : 012-698-0-000764-4)**

Declaration

I, _____, declare that all the personal data are true and correct.   I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and   all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition.   I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent.   I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____   Date: _____

For Official Use Only

Amount: _____   Received Date:_____

☐ Cash ☐ Cheque _____   Bank _____

Issued by: _____   Refer to: :_____

Recognized & Supported Organizations: