

## ISSA-CPT® Certificated Personal Trainer

The International Sports Sciences Association's Personal Trainer Certification advisors and authors are some of the most prestigious and respected names in the fitness industry. The years of scientific research they have conducted, in conjunction with the hundreds of professional publications and college textbooks they have authored, form the basis of virtually all exercise, physiology, nutrition, and fitness courses taught around the world.



### The main topics covered are:

- Psychology of Behavior Change
- Anatomy and Physiology
- Biomechanics
- Client Assessments
- Program design
- Concepts of sport selection
- Nutrition Foundations
- National fitness
- Basic First Aid Anatomy and Physiology

**Certificate of quality** : Graduates who have fulfilled the following criteria will be issued the **Certificated Personal Trainer by International Sports Sciences Association, ISSA**

- Submission of all course quizzes
- Attain a pass mark of 70% on the theoretical and practical examination.
- There is no additional fee for the exam.

**Course Fees** : HKD 9,000 / USD 1,125

**Course Duration**: 24 hours



ISSA-CPT certificate Sample

## ISSA-CPT® Certificated Personal Trainer

<b>Enrollment Criteria</b>	Passed IPTFA Bronze – Professional Personal Fitness Certificate or has other organizations qualifications of Foundation Fitness certificate ( Needs to pass this institute to scrutinize the qualifications only then to be possible to report reads ) - Proof of current Adult CPR/AED certificate
<b>Lecturer Profile</b>	ISSA Trainer
<b>Language</b>	English
<b>Course Duration</b>	Total: 24 hours
<b>Class Population</b>	Maximum of 20 (First come first served basis)
<b>Course Fees</b>	HK\$ 9,000 / USD 1,125
<b>Fees for Re-exam</b>	Theoretical & Practical re-exam HK\$ 500 (adds a Re-exam lesson) Below 60 minute must restudy the course
<b>Deadline</b>	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
<b>Venue</b>	International Personal Trainers & Fitness Academy (IPTFA)
<b>Application</b>	Applicants should send the application form (can make photocopy on own) with a stamped return envelope and a cheque payable to <b>[INTERNATIONAL PERSONAL TRAINERS &amp; FITNESS ACADEMY]</b> to INTERNATIONAL PERSONAL TRAINERS & FITNESS ACADEMY, Unit C, 2/F, Right Time Building, 21-27Playing Field Road, Mong Kok, Kowloon, HK <b>FPS : 164613515</b> <b>Company : INTL PT &amp; FA (HK) LTD T/A INTL PT &amp; FA</b>
<b>Registration &amp; Enquiry</b>	Tel: +852 2345 6286      Fax: +852 2345 1236 E-mail: <a href="mailto:info@iptfa.com">info@iptfa.com</a> Website: <a href="http://www.iptfa.com">www.iptfa.com</a>
<b>Notice</b>	(1) When The Hong Kong Observatory announces a YELLOW or RED rainstorm warning, or typhoon signal No.1 or 3 is hoisted, the classes will continue as usual. (2) When The Hong Kong Observatory announces a BLACK rainstorm warning, or typhoon signal No.8 is hoisted, the classes on the same day will be cancelled. Our academy will announce another date, time and venue for the makeup class.
<b>Continuing Education Units</b>	IPTFA 4 CEUs
<b>Refund Policy</b>	There will be no refund unless the course is cancelled by the IPTFA



**(ENROLLMENT FORM)**

Course Code	Course Name : <b>ISSA-CPT® Certificated Personal Trainer</b>
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**Personal Information**

Name:					
Date of Birth:	mm/dd/yy	Identify ID./ Passport no.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:					
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source  web-site  Friend recommend  FB  Others E.G.: \_\_\_\_\_

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Payment : Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy", T/T account no. (SCB : 33782-05697-8; BOC : 012-698-0-000764-4)

FPS : 164613515 Company : INTL PT & FA (HK) LTD T/A INTL PT & FA

**Declaration**

I, \_\_\_\_\_, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For Official Use Only**

Amount: _____	Received Date: _____
<input type="checkbox"/> Cash <input type="checkbox"/> Cheque _____	Bank _____
Issued by: _____	Refer to: _____